



## COVID-19 PRECAUTIONS

Keeping the motion picture and television industry's workers safe and healthy is our top priority at Contract Services, and we need your help.

As a precaution against the spread of COVID-19, we have taken the following actions to minimize risk:

- Hand sanitizer available at each lobby window, in each classroom and elsewhere throughout the facility
- Daily multiple disinfecting wipe-downs of restrooms, lobby counters and other surfaces, including electronic equipment used by instructors, trainees and computer lab visitors
- Class sizes reduced to allow for greater spaces between trainees and "social distancing"
- Where possible, industry meetings moved to conference calls

Coronavirus symptoms include mild to severe respiratory illness with fever, cough and difficulty breathing. These symptoms are consistent with common colds and influenza. Therefore, everyday, sensible measures to prevent colds and flu should be exercised:

- **Avoid close contact with people who are sick.**
- **Avoid shaking hands.**
- **Avoid touching your eyes, nose, and mouth.**
- **Stay home when you are sick.**
- **Cover your cough or sneeze with a tissue, then throw the tissue in the trash. [See CDC's Cover Your Cough Page](#)**
- **Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.**
- **Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.**

**\*\*\*Important\*\*\*** If you are experiencing flu-like symptoms or have recently traveled internationally, **please do not come to Contract Services for in-person training.** Individuals exhibiting symptoms of sickness may be asked to leave and reschedule in-person training.

**Coronavirus disease (COVID-19)** is an infectious disease caused by a new virus, which causes respiratory illness (like the flu) with symptoms such as a cough, fever and in more severe cases, pneumonia. (Source: World Health Organization)