

FREE Voluntary Hands-On Trainings

2.5 hours

VEHICLE INSPECTIONS

• Walks you through the required Pre-Trip, On-the-Road Safety and Post-Trip Inspections so that you can get on the road quickly and safely. •

2 hours

COUPLING AND UNCOUPLING

• You'll get to practice coupling and uncoupling 5th wheels, hitches and Pintle hooks. •
Learn to work with safety devices such as chains, cables, locking mechanisms, and trailer lights and braking systems.

1.5 hours

PERMITTING

• Which permit(s) do you need? •
An Oversize/Overweight Permit? A Trip Permit? What about a Fuel Permit? Or a Mileage Permit? This course will go over why and when you need certain permits and where to get them.

2 hours

WEIGHT DISTRIBUTION

• Get the facts on how to analyze and calculate axle weight distributions and overall cargo loads (e.g., crew cabs, stake beds, 10 tons, etc.). Learn ways to stay compliant with weight laws and federal safety standards. •

1.5 hours

LOAD SECURING

• Covers all your pre-trip and en route cargo responsibilities, the necessary number of direct and indirect tie-downs and their respective restraining capacities. Learn to secure your cargo properly and efficiently to ensure your load is delivered to the destination. •

2.5 hours

AIR BRAKE OPERATION

• Covers air brake systems, inspections, and general practices and procedures. Learn about the dangers of contaminated air supply, low air pressure readings, and disconnected air lines. Get the skills to test and detect air pressure levels and defects that may cause system failure and air pressure loss. •



*For eligibility requirements, please contact Contract Services.



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PROVIDED BY CONTRACT SERVICES

