



# LOCAL #399 MENTAL HEALTH AND SUBSTANCE USE-RELATED RESOURCES

**If you think you may be experiencing an issue related to mental health, substance use or addiction, there are professional resources available to you as provided below. If you are experiencing an immediate medical emergency, dial 911.**

## Teamsters Local #399

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To leave a confidential message for Chris Sell, call 818.432.3317.

## Resources

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### Mental Health and Substance Use-Related Resources

- Entertainment Community Fund (formerly The Actors Fund): <https://entertainmentcommunity.org/>
- Los Angeles County Department of Public Health: <https://dmh.lacounty.gov/get-help-now/>
- Mentalhealth.gov: <https://www.mentalhealth.gov/>
- Motion Picture & Television Fund (MPTF): <https://mptf.com/>  
Phone: 323.634.3888  
Email: [info@mptf.com](mailto:info@mptf.com)
- Motion Picture Industry Pension and Health Plan (MPI): <https://www.mpiphp.org/home>
- National Council on Alcoholism and Drug Dependence of the San Fernando Valley: <https://www.ncadd-sfv.org>  
Phone: 818.997.0414
- U.S. Department of Health & Human Services – Substance Abuse and Mental Health Services Administration: <https://www.samhsa.gov/find-help/national-helpline>

### DOT Drug & Alcohol Testing Resources

- Paragraph 85.1: <https://www.csatf.org/other-services/local-399-transportation-services/substance-testing/>, then select Paragraph 85.1
- FMCSA Drug & Alcohol Clearinghouse: <https://clearinghouse.fmcsa.dot.gov/>
- FMCSA Resources for Drivers: <https://www.fmcsa.dot.gov/resources-for-drivers>
- U.S. DOT Office of Drug and Alcohol Policy and Compliance: <https://www.transportation.gov/odapc/employee>

## Questions? Contact Us!

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If you have questions about the Substance Testing Program (STP) or any of the DOT Testing procedures found within the DOT Drug & Alcohol Testing Resources section above, please contact Contract Services STP department at 818.565.0550, ext. 1140, or by emailing [testing@csatf.org](mailto:testing@csatf.org).

If you have questions related to the Industry Experience Roster, please contact Contract Services 399 Roster Desk at 818.565.0550, ext. 1114, or by emailing [roster399@csatf.org](mailto:roster399@csatf.org).